

Parent Handbook 2018-2019



**Where Dreams Become Reality!!!
(F2Dx3b&aC4e)**

KO PHILOSOPHY

We believe in providing a **family** atmosphere that teaches our students “life lessons”. Our goal at KO Cheer is to promote the integrity, success, and wellbeing in all of our athletes while maintaining a positive Christian environment. We hold our athletes to a very high standard and will train them to reach their personal as well as their team goals.

BALANCING THE FAMILY AND THE TEAM!

As a parent, I understand how important it is to have family time! I believe our philosophies, attendance policies, and upcoming competition season balance the needs of the family and the team.

Attendance Policy

Practices/Competition:

All Star Cheerleading is a “select” sport. It takes a full commitment from both the athlete AND parent. The ability of all athletes to attend practices maximizes the team’s ability to reach its full potential.

Cheerleading is more of a team sport than any other sport. We have **no** backups or second string athletes. When one athlete misses, it affects three or four other athletes who cannot stunt and affects the entire team who cannot fully execute a pyramid. Plus, an absent athlete hurts the formations and tumbling sequences. It is **VERY** important that everyone understands the importance of attending practice. **Athletes must be fully committed to their team.**

We do understand that throughout the entire year there will be graded school events, severe sickness, and family emergencies. Managing a fair attendance policy is very difficult; however, our policy needs to be fair for all athletes. Please see below for attendance policy.

- Athletes are able to take two weeks off total in June and July.
- Beginning the first week in August through May athletes are allowed a TOTAL of 5 missed days. Any missed practices after 5 can lead to dismissal of the team and/or becoming an alternate due to lack of commitment.
- Athletes are REQUIRED to come into practice if they aren’t feeling well. We will not have them practice but they WILL need to be there for learning new material or changes.
- If an athlete misses due to severe sickness, a doctor’s note is REQUIRED upon returning.
- Athletes/parents must notify their coach 24 hours in advance if they will be missing practice.
- If an athlete is injured we MUST have a doctor’s note to sit an athlete out of practice.
- Two weeks prior to a competition, there will be **NO** absences allowed! If there is an absence within the two weeks leading up to a competition the athlete will NOT compete.
- Missing a competition for any reason may result in the removal of an athlete from the team.
- Any unexcused absence exceeding the 5 missed practice policy will occur a \$15 charge.

Parent’s Signature: _____ Date _____

Summer Vacation

It is **IMPERATIVE** to the team's success that we are pro-actively working skills/stunts during summer. Summer is the **BEST** time to learn new skills and get stronger. I **CAN'T** express this enough!!! This form **MUST** be filled out and returned to Coach KK by your child's first practice of our 2018-2019 season.

Team Name	
Athlete Name	
June dates	
July dates	

VERY Important Dates

2018-2019 Team Evaluations: May 27th-31st:

(Each athlete **MUST** attend two skills clinics and **ALL** athletes **MUST** attend the stunt clinic)

Sunday, May 27th: Ages 10& under **1pm-3pm**, Ages 11 & older **3:30pm-5:30pm**

Monday, May 28th: Memorial Day holiday: OFF

Tuesday, May 29th: Ages 10& under **5:30pm-7pm**, Ages 11& older **7pm-8:30pm**

Wednesday, May 30th: Ages 10& under **5:30pm-7:30pm**, Ages 11& older **7pm-8:30pm**

Thursday, May 31st: (STUNT CLINIC)

Level 1 & 2: **5:30pm-6:30pm**, Level 3: **6:30pm-7:30pm**, Level 4: **7:30pm-8:30pm**

Saturday, June 2nd: 2018-2019 Evaluations (schedule will be sent out via email)

CHOREOGRAPHY CAMP: August 7th-11th

Choreography is **MANDATORY**. Each cheerleader will learn his/ her individual part of the routine. PLEASE leave this entire schedule open until we receive a schedule from our choreographers!!!

Social Media

We love spreading our memories and triumphs for others to see on all sorts of various social media (Instagram, Facebook) and in return we love to see what you share as well! Much of our competition event pictures, team bonding parties, and new skills end up out there for all to see. Please like us on Facebook (KO Cheer Athletics) and Instagram (knockoutcheer)

Examples of the social media we will NOT be permitted to be shared or posted by a KO athlete OR parent which WILL LEAD TO IMMEDIATE DISMISSAL of KO Cheer!!!

- Any inappropriate, offensive, or negative direct comment toward a specific teammate, team, or a parent
- Any misrepresentation of our gym, coaches, team, or teammates (such as inappropriate poses or “party” pictures while in KO uniform or gear)
- Any posting of videos with our full out routines (even competition videos)

Team Mom's

There will be one team mom per team. They will be responsible to relay any practice reminders, party planning, or competition notices to their team from our coaching staff. Each team mom will decide a communication app for their team and it's for **PARENTS ONLY**. This is NOT to be used as a texting tool or voicing opinions... only reminders/notifications. Our social media policies will be in place with this communication as well.

Athlete Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Owner Signature: _____ **Date:** _____

Open Communication: Team App

KO Cheer keeps an up-to-date calendar of event posting for all of our team members through Team App. Team App is an app you can get from your phones app store. To ensure that you are always in the loop or in need of a quick answer, we **REQUIRE** each family to add Team App and check it frequently.

BIG/LIL Sister and Spirit Gifts

We will be assigning big/little sister in the beginning of our season. They will take pictures together at events throughout the year. We will also be doing one spirit gift for all the kids for The One. This will be no more than \$50 and our team moms will be in charge of this.

Payment Plans

We offer three separate payment plans for you to choose from. The first plan will save you 5% off of your tuition by making one payment of the program fee less the down payment and the discount. Your payment must be made with check due on **Monday, June 11th**. The second payment plan saves you 3% off of the tuition by making three equal installments on **June 11th, September 1st and December 1st**. Each payment must be made with credit card or check. The final plan allows you to pay off the program fee over the entire season of June 2018 to May 2019. Everyone who chooses the monthly plan MUST sign up for credit card withdrawal. The person responsible for the financial payment must fill out the financial information and sign the authorization for the credit card payment. **NO CASH PAYMENTS!!!**

Fees for 2017-2018	Level 4	Level 3	Level 2	Level 1
Total Program Cost: 12 months tuition, 12 months tumbling	\$3010	\$2890	\$2770	\$2530
UP FRONT PLAN				
Down Payment	\$250	\$250	\$250	\$250
<i>5% Tuition Savings</i>	<i>\$118</i>	<i>\$112</i>	<i>\$106</i>	<i>\$94</i>
One-time payment due 6/12	\$2642	\$2528	\$2414	\$2186
3 Installment Plan				
Down Payment	\$250	\$250	\$250	\$250
<i>3% Tuition Savings</i>	<i>\$70</i>	<i>\$67</i>	<i>\$63</i>	<i>\$56</i>
3 payments due 6/12, 8/1, 10/2	\$896.67	\$857.67	\$819	\$741.34
12 Month Installment Plan				
Down Payment	\$250	\$250	\$250	\$250
Due 6/12 then the 1st of each month	\$230	\$220	\$210	\$190

**** If payment is not received by the 5th of each month, there will be a \$20 fee charged on the 6th. ****

KO Cheer Release Form

Students Name _____ Home Phone # _____

Sex _____ DOB _____ Age _____ Age on August 31st: _____ Grade: _____

Address _____ City _____ State _____ T-shirt size: _____

Mom's Cell _____ Dad's Cell _____ Athlete's Cell _____

Emergency Contact _____ Emergency Cell# _____

E-mail Address checked regularly _____

Any medical conditions we should know _____

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT PARTICIPATION AGREEMENT AND RELEASE FOR MINOR AND RELEASE OF MEDICAL EXPENSES AND ASSUMPTION OF FINANCIAL RESPONSIBILITY BY PARENT/GUARDIAN

I, the undersigned, as the parent/legal guardian of the minor child _____, voluntarily agree and consent to participation of the minor child in all the programs and activities of KO Cheer Athletics.

I recognize that the child's participation in these programs and activities includes but is not limited to dance, tumbling, trampoline, and cheerleading and that the nature of such sports or activities involving height or motion entail both known and unanticipated risks. These risks could result in injuries to my child, which include but are not limited to, physical or emotional injury, paralysis, death, or damage to participants, to property, or to third parties.

Being fully aware of these dangers, I, on my own behalf of myself and of the child, my spouse, our respective heirs, administrators, executors, and successors, to hereby forever release, discharge, indemnify, hold harmless, and covenant not to sue KO Cheer, it's officers, directors, executors, shareholders, employees, volunteers, and all other associated with KO Cheer from any and all liability and all claims which are in any way connected to with my child's participation in the programs and activities at KO Cheer including claims of negligence by KO Cheer. In the event of an emergency, I would like the above-mentioned child to be taken to a hospital or appropriate medical emergency clinic or medical office for medical treatment and I hold KO Cheer and it's representatives harmless in their execution of this action. Additionally, I hereby agree to individually assume all financial responsibility for injuries, damages to properties associated with the risks of a child's participation the activities of KO Cheer.

I assume financial responsibility for: (1) any injury to my child including medical costs and expenses incurred for treatment of the child resulting from the child's participation in the activities of KO Cheer, and I assume financial responsibility for: (2) damage to property and injuries to others incurred by, caused by or resulting from the child's participation in the activities of KO Cheer. I acknowledge that this agreement shall be governed by and construed in accordance with the laws of the state of Texas. If any suit or action is filed by any party to enforce this agreement or otherwise with respect to the subject matter of this agreement, venue shall be in the state of Texas. If any provisions of this agreement are found by a court of law to be invalid or unenforceable in any respect for any reason, the validity and enforceability of the remaining provisions of this agreement shall not be impaired.

I HAVE READ AND UNDERSTAND THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT. MY SIGNATURE BELOW ACKNOWLEDGES THAT I AGREE TO BE FOUND BY ALL TERMS CONTAINED HEREIN.

Parent/Guardian Signature _____ Date _____

Parent/Guardian Print Name _____ Relationship _____

KO Cheer Credit Card Authorization Form

Every family will need to complete the Credit Card Information section below and sign the form. All requested information is required. We will automatically bill your credit card for the amount indicated and your total charges will appear on your monthly credit card statement.

Customer Information (Please write clear and neat)

Customer Name (as it appears on card): _____

Team: _____ Phone: _____

Payment Information (Please write clear and neat)

Amount: \$ _____ Frequency: Monthly _____ Quarterly _____ Annually _____

Start Billing on: _____ End Billing when: _____

Credit Card Information (to be completed by merchant): Accept Visa, MasterCard, Discover, and American Express

Credit Card Type: _____ Expires: _____

Credit Card #: _____

Cardholders Name as it appears on card: _____

Cardholder's Zip Code: _____

3 digit Security Code on the back of the credit card: CVC# _____

Customer's Signature: _____ Date: _____

Policies: Please Initial

_____ The "All Inclusive" tuition will be drafted on the 1st of each month.

_____ If your card expires or if any account information is changed, it is your responsibility to update the information **14 days prior to the due date**. Failure to do so will result a \$25 fine.

_____ Any declined cards will be treated as a returned check. A \$25 NSF charge will be added to your account for any payment that is declined.

_____ Any unpaid amount on my KO Cheer account will be charged to this credit card at the end of the 2018-2019 season.

_____ Any payments not received by the 5th of each month, there will be a \$20 fee added to your account on the 6th.

_____ Any refunds necessary for charges on this card will be credited back to this credit card.

I accept the above terms and understand that the tuition will be charged to this credit card and agree to pay the full amount to the card issuer. I also understand that if my account falls 30 days past due, my child will be removed from the competition routine and will not be able to participate in practices or any other KO activities.

Signature of Cardholder: _____ Date: _____

Parent Code of Conduct

Parents are vital in helping their children maintain high moral character, fulfill their commitment, and keep positive attitudes. KO Cheer wants to serve as a partner to the parents helping each child to achieve these goals, but the primary job must lie with the parents. Please read this carefully and understand that you are making a commitment of time and financial resources. You are also committing to support our program's philosophies and goals. Please initial each obligation.

1. I understand that KO Cheer practices are **CLOSED** to parents. I understand that I will not be able to observe practice unless of Show Days or coaches invitation. Parents Initial: _____
2. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for **ALL** athletes, coaches, parents and spectators at every practice and competition. Parent's Initials _____
3. I am aware that this is a twelve-month **COMMITMENT** and will do everything in my ability to enable my child to participate in all practices, camps, and competitions throughout the season. I understand that the team is depending on my child to fulfill his/her responsibilities as a team member. I will also do all that I can necessary to get my child to practice on time and assure that he/she does not leave practice early. I will pick up my child from practice on time. I am also aware if my child exceeds the attendance policy I will be charged \$15 each occasion. Parent's Initials _____
4. I will maintain a **POSITIVE** attitude remembering children participate in cheerleading to have fun and the sport is for them, **not me**. Parent's Initials _____
5. I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his/her performance. I will encourage my child to become a humble winner and a gracious loser. Parent's Initials _____
6. I understand that threatening to pull my child from the team will result in his/her immediate dismissal. Parent's Initials _____
7. If my child or myself is involved in any matter of disrespect toward any KO Cheer staff member or student, there will be a coach/parent/ athlete meeting the following practice. I also understand this could end with the result of dismissal of our program. Parent's Initials _____
8. I fully understand that the coach's reserve the right to suspend my child's participation indefinitely in practice or competition (which may include losing positions) as a disciplinary action if any of the rules, policies, or codes of conduct are not adhered to (including the Social Media portion). Parent's Initials _____
9. I will attend parent meetings, read e-mail, and check Team App information that KO Cheer has prepared. Parent's Initials _____.

I have read over the parent code of conduct with my child, understand what is expected of my child, and will help to ensure my child's adherence to these matters. I also understand if either party is asked to leave KO Cheer, due to the Code of Conduct, that NO money will be refunded due to Breach of Contract

Parent Signature: _____ **Date:** _____

Owner Signature: _____ **Date:** _____

Athlete Code of Conduct

KO Cheer athletes are held to a high standard of moral character. Our goal is to surround us with **positive** athletes who strive to reach both the team's goals and their own personal goals. Parents please read through the following obligations with your athlete and explain each one. Both a parent and the athlete need to initial each requirement.

1. I will not use inappropriate language or inappropriate, immoral behavior. I will not participate in illegal consumption of tobacco, alcohol, or drugs. I understand that all of my actions both inside and outside of the gym are a reflection of KO Cheer and should be strongly demonstrated. Athlete Initials _____ Parent Initials _____

2. I understand that this is a twelve-month COMMITMENT and that the team is depending on me to fulfill my responsibilities as a team member. I will be committed to my coaches, my teammates, and myself while striving to reach both the team's goals and my personal goals. Athlete Initials _____ Parent Initials _____

3. I will come to practice with a positive ATTITUDE, and I will work hard to achieve the goals set by my coaches. I realize that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner. Athlete Initials _____ Parent Initials _____

4. I will not disrespect any team members, coach, parent, or competitor from KO Cheer or any other gym for any reason at any time. This includes "venting" or being disrespectful on Facebook, snap chat, twitter, or cheerleading web forums. Athlete Initials _____ Parent Initials _____

5. I will demonstrate good sportsmanship striving to be a humble winner and a gracious loser. Athlete Initials _____ Parent Initials _____

6. I will arrive at all competitions on time with my uniform, hair, and make up completed to KO Cheer standards. Athlete Initials _____ Parent Initials _____

7. I understand that breaking any of the codes of conduct above may result in suspension or dismissal from KO Cheer. Athlete Initials _____ Parent Initials _____

8. I understand the Social Media guidelines. I understand that any posts reflecting any misrepresentation to the gym, a coach, a team, or a teammate will result in my immediate dismissal from the gym. Athlete Initials _____ Parent Initials _____

9. I understand that threatening to quit will result in my immediate dismissal from the team. Athlete Initials _____ Parent Initials _____

10. I understand the importance of wearing the appropriate practice gear. I understand if I don't wear The right outfit, I will be required to stay 10 minutes late to condition. Athlete Initials _____ Parents Initials _____.

I have read over the athlete's code of conduct with my parents, understand what is expected of me, and promise to adhere to these matters.

Cheerleader Signature: _____ ***Date:*** _____
Parent Signature: _____ ***Date:*** _____

Financial Guidelines

1. All candidates must show a \$0 balance on their KO Cheer account from any previous commitments to be eligible for a team for the 2018-2019 season. Initial _____
2. There is a \$40 fee for Evaluations. This will be due on your child's first day of evaluation week. Initial _____
3. If you are placed on a squad and choose not to take the spot, **\$150** of the **\$250** down payment will **not** be refundable. Refusing a spot, based on your team prevents someone else from making that team and can leave the team without a proper amount of bases, flyers, etc. Initial _____
4. The **\$250** down payment, **\$30** USASF membership, and work out gear of **\$135** will be due on June 2nd. Initial _____
5. Uniform payment (**\$500**) is due on OR before **Monday, July 2nd**. Initial _____
6. If your team attends an out of town competition, you will be responsible for both the transportation and the hotel room. Initial _____
7. There will be a **\$400** stunt clinic/ choreography/music fee due the **FIRST** day of your child's choreography camp. Initial _____
8. KO Cheer is a twelve-month program that runs from June-May. Agreeing to take a spot on the team, you are agreeing to a twelve-month financial agreement and will owe tuition for all twelve months. Initial _____
9. The tuition portion of your fees covers regular practice and any "added" practices. Tuition will not be pro-rated for holidays, gym closings, and weeks without practice. Initial _____
10. All athletes are required to be on a credit card authorization form. Tuition will be drafted out between the **1st-5th** of each month. Initial _____
11. If an athlete is unable to finish their year due to injury (must turn in a doctor's note) or relocation more than an hour away from Boerne, we will balance your account determining the fees and tuition that have been spent. You will receive a credit for any fees or tuition that have been paid to KO Cheer, but not used. Initial _____
12. If you choose to allow your cheerleader to quit before the end of your annual contract is up for any reason other than relocation or a doctor's note, you will continue to be financially responsible for the entire twelve month contract. KO will deduct the remaining balance immediately. Initial _____
13. Competition fees cannot be refunded for any reason (including injury) once they have been paid. Initial _____
14. If an athlete is asked to leave the program due to behavior from athlete and or the parent, there will be **NO** refund granted due to breach of contract. Initial _____
15. No cash payments allowed. Initial _____

Parents Signature: _____ **Date:** _____

Owner's Signature: _____ **Date:** _____

Date	Event	Payment due
5/27-6/2	2018-2019 Evaluation	\$40
6/2	All paper work due/Fitting	\$430 (DP, PW, USASF, SDSB)
6/11	First week of practice!	
6/17	CLOSED: Father's Day	
7/4	CLOSED: July 4th	
7/6	Uniform \$ due	\$500
8/6	Choreography/Music Fee Due	\$400
8/7-8/11	Choreography Camp	
9/1	1st Comp Fee due	\$110
9/3	CLOSED: Labor Day	
10/1	2 nd Comp Fee due	\$80
10/11	Mandatory Show Days 7pm-8pm	
10/13	CP Competition (SA)	
10/31	CLOSED: Halloween	
11/1	3 rd comp fee due	\$115
11/10 OR 11/11	CA Competition (SM)	
11/21-11/25	CLOSED: Thanksgiving	
12/1	4 th comp fee due	\$95
12/9	CA Competition (CP)	
12/21-12/29	CLOSED: Christmas	
1/1	CLOSED: New Year's Day	
1/2	5 th comp fee due	\$225
1/19 or 1/20	CA competition (SA)	
2/1	6 th comp fee due (2,3,4 only)	\$235
2/2-2/3	CA Nationals (Houston)	
3/1-3/3	NCA Nationals (2,3,4 only)	
3/5	7th comp fee due THE ONE	Depends on BIDS
3/10-3/17	CLOSED: Spring Break	
3/20	8 th Comp fee due (RL)	\$150
3/24	Team/Individual Pics (9am-noon)	
4/1	Banquet money is due	\$35/person
4/3	Mandatory Show Days (7pm-8pm)	
4/6-4/7	The One Competition	
4/27-4/28	Redline Nationals	
5/5	End of Year Banquet	
5/23	EOY Performance Super Squad	

2018-2019 UNIFORM REVEAL!!!



Cost Breakdown

Shell	\$205	
Skirt	\$90	
Shoes	\$100	
Bow	\$25	
Make up	\$30	
Cover top	\$50	
Back Pack (seperate)	\$100	optional

